

Temple Israel of Lehighton

Kabbalat Shabbat

[Receiving the Sabbath]

קבלת שבת



הִנֵּה מֵה־טוֹב וּמֵה־נֶעִים
שֶׁבֶת אֲחִים גַּם־יַחַד

Behold, how good and how pleasant it is for people to dwell together in unity!

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1. Hi-nei mah tov u-ma-na-im, shevet achim gam yachad.
2. L'chu n'ran'nah, l'chu n'ran'nah, l'chu n'ran'nah la-do-nai, (2x)
Na-ri-a, Na-ri-a l'tzur yish-ei-nu n'kadma fanav b'todah.
Na-ri-a, Na-ri-a l'tzur yish-ei-nu biz-mi-rot na-ri-a lo.

3. L'cha dodi, likrat kallah, p'nei shabbat n'kab'la

4. Chorus: Mizmor shir l'yom hashabat. Tov l'hodot l'Adonai,
ul'zameir l'shimcha elyon, ul'zameir l'shimcha elyon

L'hagid baboker chasdecha, ve-emunat'cha baleilot.
Aleim asor va-aleim navel, aleim higayon b'chinor. (Chorus)

5. Halleluyah, Hallelujah.
Mah gad'lu ma-asecha Yah,
m'od am'ku machsh'votecha.

6. Baruch Adonai Ham'vorach l'olam va'ed.
Baruch atah Adonai, eloheinu melech ha-olam,
yotzeir or uvorei choshech, oseh shalom uvorei et hakol.

7. **Sh'ma Yisra-eil, Adonai Eloheinu Adonai Ehad.**
(Baruch sheim k'vod malchuto l'olam va-ed.)
V'ahavta eit Adonai elohecha, b'chol l'vav'cha,
uv'chol nafsh'cha, uv'chol m'odecha.
V'hayu had'varim ha-eileh, asher anochi m'tzav'cha Hayom,
al l'vavecha.
V'shinantam l'vanecha, v'dibarta bam,
b'shivt'cha b'veitecha, uv'lecht'cha vaderech,
uv'shochb'cha, uv'kumecha.
Uk'shartam l'ot al yadecha, v'hayu l'totafot bein einecha.
Uch'tavtam al m'zuzot beitecha uvisharecha.

8. Mi Chamocha ba-eilim Adonai, Mi Kamocha, neder bakodesh
Norah t'hilot, oseh fe-leh.

9. V'sham'ru v'nei Yisrael, et ha-shabbat,
La-asot et ha-shabbat, l'dorotam b'rit olam
Bei-ni u-vein b'nei Yisrael oh hi l'olam
Ki sheshet yamim, asah Adona, et ha-shamyim v'et ha-aretz
U'va-yom hash'vi'i, shavat va-yi nafash.

10. Adonai s'fatai tiftach u'fi ya-gid t'hi-la-tech-a

11. Oseh shalom bimromav, hu ya-a-seh shalom aleinu
V'al kol Yisrael, v'im'ru, Amen.

12. Mi Shebei-rach a-vo-tein-u, m'kor hab'racha l'imo-tei-nu
May the Source of Strength, who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: Amen.

13. Aleinu l'shabe-ah la-adon hakol,
latet g'dulah l'yotzer b'reshit.
Shelo asanu k'goyei ha-aratzot v'lo samanu k'mishp'hot haadamah,
shelo sam helkenu kahem v'goralenu k'khol hamonam.
Va-anhnu kor'im umishtahavim umodim
lifnei melekh malkhei ham'lakhim hakadosh barukh hu.
She-hu noteh shamayim v'yosed aretz,
ush'khinat uzo b'gov-hei m'romim. Hu eloheinu ein od.
Emet malkeinu efes zulato kakatuv b'torato:
v'yadata hayom vahashevotah el l'vavekha,
ki adonai hu haelohim bashamayim mima-al
v'al ha-aretz mitakhat ein od.
Kakatuv b'toratekha: adonai yimlokh l'olam va-ed.
V'ne-emar v'hayah adonai l'melekh al kol ha-aretz,
bayom hahu yihyeh adonai ehad ush'mo ehad.



Welcome!



Good Shabbos! - (as my Bubbie would have said)

Welcome to Temple Israel of Lehighon! We're delighted that you've come to share Shabbat with us!

Tonight, I invite you to pray at your own pace.

Feel free to linger over a passage that intrigues you, makes you think or strikes you as important - or allow yourself the luxury of just being and breathing while the service flows around you.

If the music calls you to dance, clap or drum - go for it.

Consider this your engraved invitation.

Shabbat Shalom,
Rabbi Melody